

IMAGINE

OCTOBER 2022

RESILIENCE OF OLDER PERSONS IN A CHANGING WORLD



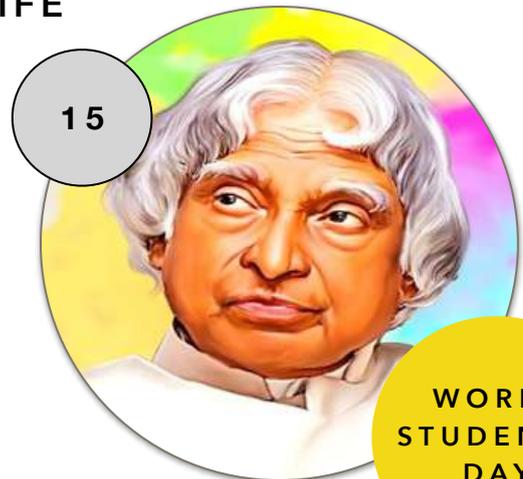
The International Day of Older People is a day to celebrate the contributions that older people make to society. It is observed on October 1st each year and was established by the United Nations General Assembly in 1990. This year, the theme of the celebration is "Resilience of Older Persons in a Changing World," and it is focused on raising awareness about the impact of an ageing population.

Here are a few ways to make elderly people feel happy:

- Spend time with them and help them have a social schedule to avoid loneliness.
- Show respect by being polite to them.
- Talk about traditions and family history to strengthen family bonds and learn about life successes.
- Ask for their advice, as they are often wise people with a lot of experience.

A DAY TO LEARN THE PROPHET'S LIFE

We pray and sing and make du'a
For peace and love, on this fine day
Eid E Milad, a time to cheer
For all the blessings we hold dear
May this day bring joy and cheer
To all who celebrate it here
In school, in home, in every place
Eid E Milad, let's embrace!



WORLD
STUDENTS'
DAY

8

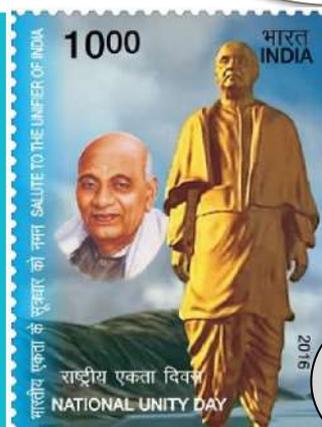
INDIAN AIR FORCE
DAY

Theme: Transforming
for the future"

9

WORLD POST DAY

To create awareness of
the role of the postal
sector in people's and
businesses'



SIGNIFICANT
DAYS
OBSERVED

31

FOUNDER'S DAY

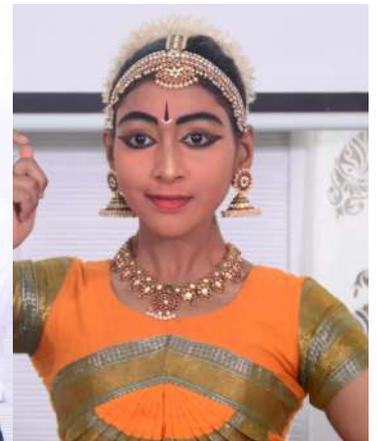
On October 20, 2022, the Science Department at the school organized the Young Innovator Contest (YIC) in conjunction with the Founder's Day observance. The theme of the contest was "Sustainable Buildings," and it was designed to encourage students to use their natural curiosity and imagination to develop creative solutions. A total of 18 entries from different schools registered for the contest. Sundaravelan S, a student in Grade 9 at Spring Days School, took first place, Vijey Vimanthan T, a student in Grade 10 at



Balsam Academy, placed second, and Nithish Kumar G, a student in Grade 10 at Vidyapeetam School, placed third. These students received cash prizes of INR 7,500, INR 5,000, and INR 2,500, respectively. The contest was well-organized and received positive feedback from participating schools, who noted that it provided a valuable platform for showcasing their scientific skills. The jury also had positive comments, stating that "students have dived deep and taken topics that are studied by VIT research students. Great to see such involvement of school students."

SCHOOL TOPPERS

The school's 2021-2022 toppers were recognized and awarded cash prizes. Pushpanathan R received a prize of INR 10,000, Subashree M received INR 7,500, and Sharan Karthick received INR 5,000. The event was made even more special by the attendance of Subash Chandra Bose, President of the Alumni Association and Technology Analyst at Infosys in Bangalore. Mr. Bose, a graduate from the school's first batch, took the time to congratulate the winners and toppers in person.





HELICOPTER WITH LEAVES

Young Innovator Contest facilitated with interactions between teachers and students from different schools, allowing the sharing of best practices. To stay connected to their art and culture, Grade 10A student Jyotsna S of Balsam Academy presented a dance recital, while Mr. Vikram, an art facilitator at the school, conducted a session on building a helicopter using coconut leaves.

[CLICK HERE](#) to read the story
Written by Sashmitha.S, Grade 5A



STUDENT COUNCIL BODY

On Saturday, October 15th, the Balsam Academy Student Council Body held its fifth meeting from 1:00pm to 1:45pm. The meeting was attended by student leaders, house advisors, co-advisors, the SCB head, and the Administrative Principal. The main focus of the meeting was the upcoming sports day, and the group discussed various tasks such as selecting volunteers, preparing signboards, and arranging seating. The members were very clear about their roles and responsibilities and worked together to generate ideas and make decisions. Overall, it was a productive and successful meeting.

மாணவர்களின் முகங்களில் அதீத மகிழ்ச்சியுடன் ஆர்வமும் சற்று அதிகமாகத்தான் மிளிர்ந்தன. புத்தகங்களை விடுத்து புதியன கற்கவே இந்த மகிழ்ச்சியும் ஆர்வமும். காரணம் அன்று 'புத்தகப் பையில்லா நாள்'(No bag day) . ஆம்! புத்தகங்களின்றி கற்றல் என்பதை சாத்தியப் படுத்தினர் நம் மாணவர்கள். அதுவும் மகிழ்வான தாகவும், புதுமையானதாகவும் அமைந்து விட்டால்.... கொண்டாட்டமான கற்றலாகவே நாள் முழுக்க இருக்கும் அல்லவா? Work education, EBSB, Community outreach projects என அன்றைய நாள் முழுக்க சிறப்புற திட்டமிடப்பட்டு செயல்படுத்தப்பட்டது.

NO BAG DAY

VIJAYADASHAMI



Ayudha Pooja during Navaratri is a way to show respect and reverence towards the tools and instruments that we use in our daily lives. It is a reminder to approach these tools with a sense of humility and deep involvement, rather than just seeing them as objects to be used for our own benefit. By approaching our tools with reverence, we can find joy in the process of using them and be more fully immersed in the task at hand. This sense of reverence not only helps us to get the most out of our tools, but also brings a sense of purpose and meaning to our work. Ayudha Pooja is a way to connect with the divine and to find joy in the everyday tasks of life.

SPORTS DAY

Sports Day is one day of the school year when we come together as a community. Every year, new stars emerge and remind us of what hard work and dedication can achieve. This one has been long overdue with the COVID-19 bringing celebrations to halt for 3 years. It was fair to say, that all the members of Balsam Academy were well and truly excited for this one. Much to our dismay, the weather gods were having a field day of their own by dampening our grounds during dry run and rehearsals. Nevertheless, our prayers were answered and we had a massive event on 22nd October 2022 in our school grounds.

Drums thumping and trumpets blowing hard, the atmosphere was pitch perfect. The event that was embraced by our correspondent Smt. Saroja.V.B., Trustee Mr. K Sundar, and honourable chief guest Mr. J. Satish. This was the conclusion of inter-house sports competitions that began in July and it was Tylers who held on to their lead, putting up a strong display and winning the Overall Sports Championship for the year 2022-23. Kudos to the house captains and vice- captains, house advisors and all the house members for being a true sport.

A special mention to the following athletes for their hard work and dedication in claiming the Individual Championship 2022-23. In the Level 3 for girls it was Lithika M of Grade 6C from the Himalayans and for boys it was Lemeul Aaron A.S of Grade 7B from Alpines and Mothish Naren N of 7A from Grands who shared the honours. In the senior category of Level 4, it was undisputed win by Santhoshini D of Tylers from Grade 10C and for the boys, the laurels were shared between 3 athletes. Sugan Raj R.D of Alpines from Grade 10B, Krithik M of Tylers from Grade 10A and Allen Christopher A of Grands from Grade 10A.



MONTH'S RHYTHM

In October, our kindergarten class kicked off the month with a special contest where the children brought in their favorite things from home and shared their thoughts about them. We also celebrated Postal Day by visiting the local post office and decorating postal cards to send to our parents for Diwali. The kids were thrilled to be able to send a special message to their loved ones, and the parents were delighted to receive them. To further celebrate the changing seasons and the theme of Diwali, we also set up a nature table in the classroom where the children added natural items they had found. Overall, it was a fun and educational month filled with meaningful activities and celebrations.



BOOK LOVERS

In order to encourage a love of reading in our first-grade students, we implemented a program where children who finish their lunch early are rewarded with storybooks to read. This initiative has been a great success, as the kids have shown a strong interest in reading both in and out of the classroom. Many of them have even started asking their parents for storybooks to read at home, fostering a continued love of literature within the home as well. We are excited to see this passion for reading continue to grow and thrive in our students. Storytelling is a powerful art form that has the ability to transport to new



worlds and realms of imagination. It is a captivating and engaging way to communicate and share experiences with others. In our classrooms, we use storytelling as a tool to not only entertain and educate, but also to instill important values and lessons in our students. For example, we recently used the theme of "Sharing is Caring" to teach children the importance of sharing their experiences and emotions with their friends.

Through a carefully crafted story, we were able to effectively convey this message and help our students understand the value of sharing and caring for others.

OUR WAY TO ENGAGE LEARNERS BOTH AT SCHOOL AND HOME

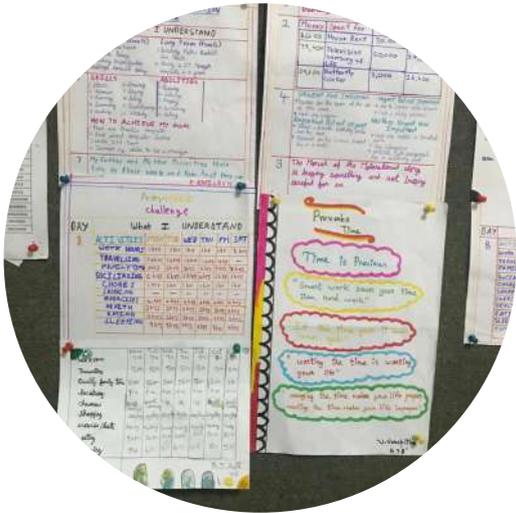
In order to improve the reading and spelling skills of our second-grade students, we implemented a program where they were given four new words to learn every day. As part of this program, the students were required to write down the words and receive peer corrections on their work. This approach not only helped to improve their reading abilities, but also inspired them to be more engaged in their learning. We also recognized and praised the efforts of each child, even if they only got one word correct. In addition to improving language skills, we also focused on instilling important life skills in our students. One way we did this was by teaching them how to identify different

body parts, which is an important foundation for self-sufficiency and self-esteem. We also encouraged the children to help their parents with household tasks, such as drying and arranging washed dishes in the kitchen, to teach them the value of sharing responsibilities and being part of a community. In terms of math skills, we used a variety of activities to help our primary school students build their numerical abilities. For example, we gave them flashcards with numbers written on them and had them count sticks to determine the sum. We also used subtraction sentences to help them understand this concept and practiced

positioning numbers as ones and tens. To support the development of communication skills, we held a speaking contest for our students. The goal of this contest was to teach them how to speak clearly, persuasively, and listen to the opinions of others in a constructive manner. It was a great opportunity for the students to share their ideas and express themselves.



FROM MIDDLE SCHOOLERS



Improving prioritization is an important executive functioning skill that involves both time management and organization. During the 21-day challenge in October, students had the opportunity to practice prioritizing their work and responsibilities in their daily lives. They were looking for more effective ways to prioritize their tasks and considerations, and found that it helped to focus on their needs and incorporate the perspectives of different stakeholders. The students identified their own challenges and presented them with detailed illustrations. Through the challenge, they learned about using scheduling tools, setting boundaries, tackling one task at a time, and the importance of the four P's: Priorities, People, Processes, and Practices.

During the past term, the grade 7 students at our school had the opportunity to design their own electric circuits and electromagnets. Under the guidance of their science teacher, they learned about the principles of electricity and magnetism and how to apply them in their projects.

The students started by building simple circuits using batteries, wires, and light bulbs. They experimented with different configurations and observed the effects on the brightness and intensity of the light. Next, they moved on to electromagnets, using copper wire and iron cores to create their own. They tested the strength of their electromagnets using paperclips and other metal objects, and tried modifying the circuit to see how it affected the magnet's power.

In another science lesson, the grade 8 students learned about the science of sound. They created their own musical instruments using household materials such as cardboard tubes, rubber bands, and plastic bottles. Using these materials, they were able to make a wide range of instruments with different tones and pitches. To investigate the frequency of sound, the students experimented with the tension and

size of their instruments' components. They observed how these variables affected the pitch of the sounds produced and recorded their findings in their science notebooks. The students also had the chance to perform with their homemade instruments in front of the class, showcasing the creativity and ingenuity they had applied in their projects.

Overall, both the grade 7 and grade 8 students had a meaningful and engaging learning experience in their science lessons. They were able to apply their knowledge and skills to design and create their own electric circuits, electromagnets, and musical instruments, and they also had the opportunity to explore and experiment with the scientific concepts at play.



கலங்கரை விளக்கம் மாதிரி உருவாக்குதல்

பண்டைத் தமிழரின் பண்பாடும் நாகரீகமும் மட்டும் வியக்கத் தக்கவையாக இருந்திருக்க வில்லை. அவர்களுடைய கட்டடக்கலையும், தொழில் நுட்பமும், அறிவியல் சிந்தனையும். கணக்கீடுகளும் இன்றும் நாம் வியந்து போற்றத்தக்க வகையில் உள்ளன. அவ்வகையில் பழந்தமிழர்களின் ஆகச்சிறந்த கட்டடக் கலைக்கு இன்றும் எடுத்துக்காட்டாய் விளங்குவன கலங்கரை விளக்கங்கள். மல்லைக் கடற்கரையில் இன்றும் வானளவ உயர்ந்து நின்று கொண்டிருக்கும் கலங்கரை விளக்கத்தை நம்மில் பலர் பார்த்திருப்போம். ஏழாம் வகுப்பு 'கலங்கரை விளக்கம்' செய்யுள் பகுதியைத் தொடர்ந்து அதனுடைய மாதிரியை வடிவமைத்து வருமாறு அறிவுறுத்தப்பட்டது. மாணவர்கள் ஆர்வமுடனும் கலையத்துடனும் தங்கள் மாதிரிகளை உருவாக்கி வகுப்பில் காட்சிப்படுத்தினர். மேலும் பல வகைக் கப்பல்களையும் வடிவமைத் திருந்தனர். மொழி, கணிதம், அறிவியல், சமூக அறிவியல் என அனைத்துப் பாடங்களின் ஒருங்கிணைப்பாக செயல்திட்டம் இருந்தது குறிப்பிடத்தக்கது. பல கலங்கரை விளக்கங்கள் மின்விளக்கின் ஒளியால் அழகுற மிளிர்ந்தன.



நான் முதலமைச்சரானால்....

'கல்விக்கண் திறந்தவர்' என்ற தலைப்பின்கீழ் அமைந்த உரைநடைப்பகுதி காமராசர் அவர்களின் பொற்கால ஆட்சியை மாணவர்களிடம் கொண்டுசெல்ல அற்புதமான பாடமாக அமைந்தது. அவர் முதலமைச்சராக இருந்து நம் மாநிலத்தை உயர்த்த தீட்டிய திட்டங்களும் அவற்றை செயல்படுத்திய விதங்களும் தலைமைப்பண்புகளை எடுத்தியம்புவனவாக இருந்தன. அதேபோல் நீங்கள் முதலமைச்சரானால் என்ற வினா மாணவர்களிடம் கொடுக்கப்பட்டது. பல்வேறு புதுமையான திட்டங்கள், மாற்றுச்சிந்தனைகள், பல கோணங்களில் சிந்தனை வெளிப்பாடுகள் என மாணவர்களின் கருத்துக் களஞ்சியங்கள் வகுப்பறையில் குவிந்தன. மாணவர்களின் செயல்திட்ட வடிவமைப்புகள் மிகச்சிறப்பாக இருந்தன.



சொற்களஞ்சிய ஏடு

சொற்களை எழுதுதல் என்பது நம் மனதிற்குள் எளிமையாக பதிய வைக்கவும் பிழைகளின்றி எழுதவும் துணைபுரியும் செயல்பாடு. அவ்வகையில் மாணவர்களின் எழுதுதல் திறன் மற்றும் பிழைகளின்றி சொற்களை எழுதும் திறன் ஆகியவற்றை வெளிக்கொணரும் வகையில் சொற்களஞ்சிய ஏடு உருவாக்கம் கொடுக்கப்பட்டது. மாணவர்கள் ஆர்வமுடனும் கலைத்திறனுடனும் தங்கள் சொற்களஞ்சிய ஏடுகளை உருவாக்கினர். பாடத்தொடர்பான பல்வேறு சொற்களை எளிமையாகக் கற்றனர்